Executive Summary

The goal of this Needs Assessment was to determine the extent to which human trafficking exists, what types of trafficking occur, and if community advocates and providers know how to recognize and address it. The findings inform law enforcement and service providers, help all community members to better identify trafficking and exploitation, help providers to assist identified victims and improve the screening and support processes for victims and those at risk of being trafficked.

Human Trafficking and Sexual Exploitation in Maine

- Sex trafficking victims are typically females between the ages of 14 and 30, living in both rural and urban communities with a history of sexual and/or physical abuse, lacking basic needs and an emotional support system.
- For many, the entrance into being sex trafficked starts with the belief that they are in a personal, intimate relationship with the trafficker.
- Survival sex and trafficking are often interchangeable. Victims and survivors stated they would rather do things they did not want to do in exchange for meeting basic needs.
- Addiction is heavily intertwined with trafficking and one of the ways traffickers control their victims.
- Most of the focus on labor trafficking in Maine concentrates on agriculture; more is needed to determine the reality of labor trafficking in other industries.

Estimating Prevalence and Challenges with Estimates

- Challenges in determining prevalence are that victims engaged in illegal and stigmatized behavior do not want to reveal themselves and that not all victims view themselves as a victim. Additionally, the only victims able to be counted are those who access services or who are arrested.
- There is no UCR data available on trafficking in Maine although it is now a federal requirement.
- Prevalence estimates vary by data source; regardless of the source, they are always higher than the current numbers of cases identified (11 cases, Polaris, 2014; 48 cases, MECASA, 2014).
- Based on all available sources of data, the most conservative estimates from the 2015 Needs Assessment suggest the annual number of cases is likely between 200 and 300, not including labor trafficking.

Supports Available

- Maine’s response to human trafficking spans many systems, providers and organizations that focus on policy, training and direct services.
- Services available include emergency response, basic needs, medical, legal, law enforcement, mental health and substance abuse treatment; this varies by geography.
- There is more funding and infrastructure available to support trafficking victims in Cumberland and York than elsewhere in the state.
- Over the past 2-3 years, providers have increased collaboration across sectors to better serve victims’ needs.
- Safety, trust and choice are essential to victims. In general, service providers recognize and are sensitive to the stigma around sexual violence.

Service Needs and Gaps

- Victims face many of the same challenges when accessing services as other vulnerable groups (e.g., transportation, health insurance, waitlists, eligibility, legal record).
- Service gaps specific to this population include housing, shelter, and residential treatment; after-hour response capacity; and mentorship and social support.
- Requiring victims to self-identify as a “trafficking victim limits access.
- Legal factors (e.g., prostitution and drug trafficking charges that are intertwined) complicate coordinated service delivery; perception that service providers interfere with an investigation or that involving law enforcement violates victims’ trust.
Maine Human Trafficking Needs Assessment Recommendations

1. **Streamline guidance, materials and language to use.** Maine Sex Trafficking and Exploitation Network (MaineSTEN) produced guidelines for reporting and discussing trafficking. Numerous providers described the importance of agreeing on and using common language to shift public perceptions. Coordinated training across disciplines is encouraged. The influence of mainstream and social media on community awareness is particularly important and could be useful.

2. **Increase community awareness of red flags and how to respond appropriately.** Include education to the hospitality, health and beauty service sectors. Reinforce that this is an issue affecting many populations across the state rather than exclusive to urban areas and limited to foreign nationals.

3. **Continue to expand focus on prevention through connecting with schools.** Young adults, especially those in high-risk environments, need to learn about personal relationships; self-empowerment; choice and control. Concrete information about warning signs of abuse and violence can be extended to adults, teachers and other caregivers working with children and families.

4. **Enhance support services available to victims 24/7.** Aside from crisis and emergency response services, the complex needs of trafficking victims extend beyond the traditional workday. Many situations require carefully assembled response teams with safety and personal integrity the priority. Shelter and basic needs are always necessary.

5. **Consider mentorship as an interim plan of support.** Given the transient nature of victims, and the frequent interaction with law enforcement, organized advocates and mentors can be trained to work alongside designated service providers to assure support at whatever stage of being in or getting out of the life.

6. **Designate a state lead to coordinate improved data collection.** Service providers around the state would benefit from using a standardized data collection tool. Similarly, law enforcement would benefit from implementing the UCR typology. One entity should be designated to coordinate data improvement efforts, decide what to count, and help providers implement the process. The appointed lead could compile, analyze, and distribute data to all involved agencies.

7. **Expand state oversight and service support for labor trafficking.** The lack of regulation limits the rights and safety of labor trafficking victims, as well as the state’s response. The next step should be engaging the various stakeholders within the state to explore whether labor trafficking victims could benefit from a response that mirrors the case management and multi-disciplinary approach to serving those being sex trafficked.

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**Efforts and Accomplishments**

- In 2010, Maine initiated a requirement that all officers receive mandatory training in human trafficking. Training will be updated in 2016.
- There are at least 6 coalitions and task forces working throughout Maine to address human trafficking and sexual exploitation.
- In 2013, Preble Street received a $400,000 grant to work on identifying and helping victims of human trafficking in Maine.
- Through a formalized needs assessment process, MECASA hired HZA to administer a survey of law enforcement (n=182); complete interviews (n=46) with stakeholders, service providers, community members; and listen to stories, thoughts and recommendations of 18 women who are victims and survivors of abuse and exploitation.

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